

**225C.63 Diagnosis — functional assessment.**

1. A person must comply with all of the following requirements to be eligible for mental health services under the regional service system:

- a. The person complies with financial eligibility requirements under [section 225C.62](#).
- b. The person is at least eighteen years of age and is a resident of this state.
- c. The person has had at any time during the preceding twelve-month period a mental health, behavioral, or emotional disorder or, in the opinion of a mental health professional, may now have such a diagnosable disorder. The diagnosis shall be made in accordance with the criteria provided in the diagnostic and statistical manual of mental disorders, fourth edition, text revision, published by the American psychiatric association, and shall not include the manual's "V" codes identifying conditions other than a disease or injury. The diagnosis shall also not include substance use disorders, dementia, antisocial personality, or developmental disabilities, unless co-occurring with another diagnosable mental illness.
- d. The person's eligibility for individualized services shall be determined in accordance with the standardized functional assessment methodology approved for mental health services by the director in consultation with the state commission.

2. A person must comply with all of the following requirements to be eligible for intellectual disability services under the regional service system:

- a. The person complies with financial eligibility requirements under [section 225C.62](#).
- b. The person is at least eighteen years of age and is a resident of this state. However, a person who is seventeen years of age, is a resident of this state, and is receiving publicly funded children's services may be considered eligible for services through the regional service system during the three-month period preceding the person's eighteenth birthday in order to provide a smooth transition from children's to adult services.
- c. The person has a diagnosis of intellectual disability.
- d. Notwithstanding paragraphs "a" through "c", if funds are available without limiting or reducing core services and it is approved as part of the regional service system management plan, eligibility may be provided for a person who is less than eighteen years of age and a resident of this state for those intellectual disability services made available to all or a portion of the residents of the region of the same age and eligibility class under the county management plan of one or more counties of the region applicable prior to formation of the region.
- e. The person's eligibility for individualized services shall be determined in accordance with the standardized functional assessment methodology approved for intellectual disability and developmental disability services by the director.

3. A person must comply with all of the following requirements to be eligible for brain injury services under the regional service system:

- a. The person complies with financial eligibility requirements under [section 225C.62](#).
- b. The person is at least eighteen years of age and is a resident of this state. However, a person who is seventeen years of age, is a resident of this state, and is receiving publicly funded children's services may be considered eligible for services through the regional service system during the three-month period preceding the person's eighteenth birthday in order to provide a smooth transition from children's to adult services.
- c. The person has a diagnosis of brain injury.
- d. The person's eligibility for individualized services shall be determined in accordance with a standardized functional assessment methodology approved for this purpose by the director.

[2012 Acts, ch 1120, §14, 18, 19](#)

[C2013, §331.396](#)

[2013 Acts, ch 140, §171, 172, 186; 2019 Acts, ch 61, §15, 16; 2023 Acts, ch 19, §1095 – 1097; 2023 Acts, ch 140, §15](#)

[C2024, §225C.63](#)

See Code editor's note on simple harmonization at the beginning of this Code volume

Section transferred from [§331.396](#) in Code 2024 pursuant to directive in [2023 Acts, ch 140, §15](#)

Subsection 1, paragraphs c and d amended

Subsection 2, paragraph e amended  
Subsection 3, paragraph d amended